Philippine Center for Diabetes Education Foundation, Inc.  
(Diabetes Center Philippines)  
25th National Assembly of Diabetes Educators (NADE)  
NADE 2019 Program  
Diabetes is a Family Affair  
Saturday, November 9, 2019  
Garden Ballroom, EDSA Shangri-La Hotel

7:00-8:00 am Registration  
Ma. Princess L. Kanapi  
Master of Ceremonies

8:00-8:30 am Opening Ceremonies  
National Anthem  
Invocation  
Opening Remarks  
AVP  
AVP  
Joy Arabelle C. Fontanilla, MD

Plenary lectures:

8:30-9:00 am Diabetes-friendly meals the whole family will love  
Speaker: Maricar M. Esculto – Khan, RND, MD

9:00-9:30 Male Urologic Health and Diabetes  
Speaker: Jose Vicente T. Prodigalidad, MD, FPCS, FPALS

9:30-9:45 Open forum

9:45-10:15 Snack symposium

10:15-10:45 Opening of Exhibits / Visiting of Exhibits

10:45-11:15 Diabetes & pregnancy care – Pre-, during & post-conception  
Speaker: Monica Therese Cating-Cabral, MD, FPCP, FPSEDM

11:15 am-11:45 AM Unique considerations in managing diabetes in the young  
Speaker: Susana Padilla-Campos, MD

11:45 – 12:00 pm Open forum

12:00-12:15 pm Induction of New Associate Diabetes Educators  
Dr. Augusto D. Litonjua, Dr. Tommy Ty Willing, Dr. Cynthia Halili-Manabat

12:15-1:30 pm Lunch symposium

1:30-2:00 Best practices in the family approach to diabetes education  
Speaker: Nemuel S. Fajutagana, MD
2:00-2:30  **Diet can reverse diabetes: Fact or fiction?**  
*Speaker:* Joy Arabelle C. Fontanilla, MD, FACE, FPCP, FPCDE, FPSEDM

2:30-2:45  Open Forum

2:45-3:15  **Snack symposium**

3:15-3:45  Visit booths/exhibits

3:45-4:15  **Diabetes burnout: Coping tips for families and HCPs**  
*Speaker:* Edgardo Juan L. Tolentino, MD, FPPA

4:15-4:45  **Help before I lose my mind!**  Dementia prevention in the elderly with DM  
*Speaker:* Mark Henry Y.C. Joven, MD, FPCP, DPSEDM

4:45-5:00  Open Forum

5:00 pm  Closing Remarks  
*Augusto D. Litonjua , MD*

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**Organizing Committee**

Joy Arabelle Castillo-Fontanilla, MD  
Chairperson, 2019 National Assembly of Diabetes Educators (NADE)  
Co-Chair, Training Programs, PCDEF, Inc.

Cynthia H. Manabat, MD  
Chair, Training Programs, PCDEF, Inc.

Erlinda B. Inocencio  
Executive Director, PCDEF, Inc.

Augusto D. Litonjua, MD  
Overall Adviser